

SPEAKER'S BUREAU 2010
RICHMOND SENIOR NETWORK

Bowen, Brooks

7427 W Broad Street
Richmond, VA 23294
804-249-5908

brooks@cnttravel.com

Crossroads Travel Advisors-Travel Agent

Topics: Senior / Disabled Travel, Hawaii Travel Specialist

Caldwell, Sharon

P.O. Box 73281
Richmond, VA 23235
804-562-0592
877-644-5462

Sharon.caldwell@cancerline.org

LINC-Legal Information Network for Cancer Outreach and Education Coordinator

Topics: Legal, debt management and referral to community resources for cancer patients, survivors, their families and caregivers.

Compton, Sandy

3308 North Ave
Richmond, VA 23222
804-714-8440
804-321-8116

Sandy.compton@amramp.com

AMRAMP

Sales & Marketing

Topics: Rental and sales of handicapped ramps and portable showers. What are the benefits of our products and what available services are discounts we can offer.

Decker, Dr. Kelly A.

4400 Cox Rd. Suite #110
Glen Allen VA 23060
804-221-9717
804-935-5378

drkdecker@comcast.net

Financial Advisor – New York Life Insurance Company

Topics: life insurance, long-term care, budget management, investing 101, retirement planning, estate conservation, etc.

Duffey, Carl W.

P.O. Box 1914
Midlothian, VA 23113
804-744-4481

Carlduffey@verizon.net

Insurance Consultant – Heritage Financial Consultants

Topics: Stroke prevention: warning signs and risk reduction strategies

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Dunnburg, Anne

2211 Dickens Road, Suite 270
Richmond, VA 23294
804-269-5346
804-269-5347

anne@selectfinancialpartners.com

Financial Advisor – Select Financial Partners, LLC

Topics: Medicare supplement and Medicare Advantage Plans. Veterans Aid and Attendance Program.

Glass III, E. Gray

Financial Advisor
Anderson & Strudwick
707 E. Main St.
Richmond, VA 23219
804-344-3852
804-539-1313

gglass@andersonstrudwick.com

Topics: How to make ends meet, Conserving Your Retirement Assets

Grigg, Virginia H.

909 E. Main St., Suite 1200
Richmond, VA 23219
804-697-4154

vgrigg@cblaw.com

Christian & Barton LLP
Attorney

Topics: Why you need a will, power of attorney, advanced medical directive. The estate tax situation, ins and outs of estate administration.

Herndon, Patricia

10110 Chumney Ln
Amelia CH, VA 23002
804-561-1486
804-516- 2554

pamankin@yahoo.com

Long Term Care Insurance Agent – Self Employed (represent various carriers)

Topics: planning long term care needs, asset protection.

Jones, Melinda

Hospice Community Care
10128 W. Broad Street, Suite J
Glen Allen, VA 23060
804-972-4540

mjones@hospicecommunity.com

Topics: Hospice 101, Enriching quality of life at the end of life.

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Kizer, Jane

2711 Buford Rd. #343

Richmond VA 23235

804-261-4124

804-314-0687

jane@doortodoorsolutions.com

804-403-3929

Senior Move Manager – Door to Door Solutions

Topics: right sizing 101, simplifying home and life, simplifying and preparing for moves.

Kuslits, Jill A.

9101 Midlothian Turnpike, Suite #700

Richmond, VA 23235

804-560-1440

jkuslits@thecrossingsatbonair.com

Director of Sales – The Crossings at Bon Air

Topics: impact of caregiving on the workplace.

Lee, Robert

10704 Smith Point Way

Glen Allen, VA 23060

804-240-5928

bobleel1807@earthlink.net

Tax Preparer – H&R Block

Topics: tax law changes

McNeal, Anne

Elder Homes Corp

Director of Fund Development

Anne McNeal

88 Carnation Street

Richmond, VA 23225

804-233-2827 x 228

804-612-3351 direct

McNealA@elderhomes.org

Topics: Home repair and accessibility home modification, wheelchair ramps built by volunteers, helping seniors age in place.

Perez, Jen

Spring Arbor of Salisbury Assisted Living

14001 Turnberry Lane

Midlothian, VA 23113

804-897-2727

japerez@springarborliving.com

Assisted Living/ Dementia Care

Topics: How to choose and assisted living community. What is the difference between long term care communities? What is Respite care?

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Peterson, Sherry

4600 Cox Road, Suite 130
Glen Allen, VA 23060
804-967-2585
804-967-2580

sherry.peterson@alz.org

Alzheimer's Association of Greater Richmond
CEO

Topics: Overview of Alzheimer's and services; when is Forgetfulness a Problem?

Pryor, Jeremy L.

7275 Glen Forest Dr., Suite 310
Richmond, VA 23226
804-285-7900

jeremypryor@carrollrice.com

Carroll, Rice, Garrett & Van Horn

Topics: Protecting your assets from the cost of Long Term Care, How to Protect Family members and care for their needs during incapacity

Roberts, Kirsten A.

8100 Three Chopt Road, Suite 226
Richmond, VA 23229
804-385-9844
804-282-4301

kroberts@msa-corp.com

Community Educator

Topics: Education and information pertaining to heart attack signs, advance directives/DNR, Blood Borne pathogens, confused or disruptive residents, emergency preparedness, Falls and the Elderly, Fire Safety, Hospice 101, Incontinence in the Elderly, interacting with residents with Alzheimer's disease, know stroke/know the signs/act in time, pain management, recognizing cultural differences, resident rights/ethics, safe wandering/prevention of elopement.

Satterwhite, Barbara

4504 Monument Avenue
Richmond, VA 23230
804-437-0243

barbsatterwhite@gmail.com

Wellness Consultant

Topics: Bone and Joint Health

Spiegel, Michael P.

14449 Duckridge Terrace
Midlothian, VA 23112
804-980-4321
804-614-8824

serveyou2@comcast.net

www.atyourservicevirginia.com

Topics: The Challenges of Aging, Living independently at Home, Senior Safety & Security & Tips for Non-Medical Care Givers. Entertaining, humorous, and Informative talks (approx. 30 minutes)

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Sovine, Chris

Morgan Keegan & Co, Inc.
951 E Byrd St, Suite 930
Richmond, VA 23219
804-225-1126

Chris.sovine@morgankeegan.com

Topics: Estate Planning Basics, an Introduction to Annuities, Variable Annuities, Retirement Basics, College Planning, Advanced Estate Planning, Planning For Long Term Care, Investment Basics & Retirement Income Planning

Ulshafer, John G.

951 E. Byrd St. Suite #930
Richmond, VA 23219
804-225-1135
301-788-1219

john.ulshafer@morgankeegan.com

Financial Advisor – Morgan Keegan

Topics: investment income, municipal bonds, stock market education, choosing an advisor.

Warns, Jim

1025 Boulders Parkway, Suite 101
Richmond, VA 23225

jwarns@metlife.com

804-714-8007

Metlife Bank, N.A.

Topics: Explain how reverse mortgages work, what they cost and advantages / disadvantages of the program

Warthan, Carolyn

1552 Patriot Circle
Glen Allen, VA 23059
1-866-344-0521
804-241-7346

carolynw@aplaceformom.com

Eldercare Advisor, RN

A Place For Mom

Topics: Eldercare and placing mom and dad, senior health issues, falls, bruising, heat, dehydration, senior safety.